

Regular meeting of Haworth Board of Health on March 14, 2013, at the Haworth Library.

Present: Melissa Davidson, M.D., Co-President
Denise Hayes, RPh, Co-President
Karl Bednarek, M.D.
Barry Cohen, PhD
Barbara Paller, EMT
Ilise Posen
Nancy Wise, R.N.

Lou Apa, Sanitarian
Mary Anne Groh, Council Liaison

Absent: Michael Gordon
Jennie Li, M.D.

The meeting was called to order and upon roll call, the above members were present. Dr. Li was not able to attend because she was out of town.

The Board welcomed Nancy Mangieri, DNP, Health Officer, from the Bergen County Department of Health.

The order of business was changed so that Nurse Mangieri could make her presentation.

NANCY MANGIERI, DNP - HEALTH OFFICER'S PRESENTATION

Nurse Mangieri introduced herself and went over her responsibilities at the Bergen County Department of Health. In essence, she stated the following. Nurse Mangieri went over all of the services and programs that are available to the Board of Health and the Borough. Nurse Mangieri stated that she wants to keep the quality of service up and make sure that her department was in touch with everything in Bergen County.

Nurse Mangieri talked about how the Board could get information and assistance on how to implement prescription drug abuse prevention in the Borough.

There was discussion with Mrs. Hayes on the program already in place for taking back expired prescription drugs and how the County could work in conjunction with that program. Nurse Mangieri stated that a personal alliance person could be assigned to work with the Board on this project. She said that she applauded Mrs. Hayes.

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Nurse Mangieri talked about the County's programs relating to mental health, which helped people get the resources needed. She also told the Board about the "Law Project," which included attorneys who represented people with mental illness and HIV. Nurse Mangieri brought literature from the Vantage Health System as well as posters relating to HIV testing.

Nurse Mangieri discussed the available cost-free programs for chronic disease self-management. She said that her programs helped people make informative decisions.

Various other topics were also discussed including binge drinking over 40, and substance abuse.

Councilwoman Groh thanked Nurse Mangieri because she never knew everything that the Borough was getting in their contract with the County.

Nurse Mangieri told the Board that there were New Jersey Guidelines for Board of Health members and she would hand-deliver them to Mrs. Hayes. She said that the guidelines talked about the roles and responsibilities of members.

Nurse Mangieri said that it was good to see the number of Board of Health members attending the meeting as well as the enthusiasm they expressed. She said that there was nothing more important than the Health Department in a community. Nurse Mangier said that she would help the Board utilize every dollar of their health budget and she planned on attending some Haworth Board of Health meetings in the future.

Councilwoman Groh had some questions from a health prospective and asked if Nurse Mangieri could provide them with the New Jersey State Regulations for the Health Department.

Nurse Mangieri announced that there would be a Swing into Spring Health and Safety Life Fair on May 11th in Lyndhurst and everyone was invited to attend.

Everyone thanked Nurse Mangieri for the valuable information she shared with them.

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ACCEPTANCE OF THE MINUTES

The minutes of the February 2013 meeting were reviewed.

Dr. Davidson asked that page 8, first paragraph be changed to read, "Dr. Davidson called the meeting to order..."

It was requested that page 14, fifth paragraph, be changed to read, "It was decided that the newsletter should go out in the Fall."

Councilwoman Groh asked that page 10, seventh paragraph, be changed to read, "Councilwoman Groh stated that she had a conversation with Councilman Chval..."

Councilwoman Groh also asked that some changes be made on page 11 in order to clarify what she stated. They included the following:

"Councilwoman Groh said that it would probably be better this way because there wouldn't be any charge for unused vaccinations. Right now, according to the Board, the Borough is losing money.

She said that they will need a rider on their insurance policy.

Safety of Sidewalks

Councilwoman Groh reported that if the Borough undertakes any project, it will apply for an Open Space Grant to repair and provide safe sidewalks.

A question was raised about sidewalks and lighting in the downtown area and Councilwoman Groh said that the DPW got a price on lighting.

Mrs. Hayes stated that they didn't have any lights on the street at night and it was very dark. She said there were light poles but the lights were not lit. Mrs. Hayes stated that she maintains the light in front of the Haworth Apothecary.

Councilwoman Groh said that the DPW said that kids shake the posts and break them and that was why the light bulbs had not been replaced. She said that she will continue to look into this problem.

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Budget

They Mayor and Council are developing a budget for the Borough. She said that many line items are set by the County's contracts. Councilwoman Groh said that she wanted to look into investigating animal control companies, but the one she contacted is not taking on any new customers this year.

Expenditures for the Board were reviewed and Councilwoman Groh noted that she will have to change some line items since a few appear to have been misapplied."

Mrs. Paller moved to accept the minutes as amended, subject to the rights of absent members for statements directly attributed to them...

Seconded by Mrs. Posen and unanimously carried.

CORRESPONDENCE

- Form from the County for ordering the influenza vaccine for the Health Fair.

Mrs. Hayes will get in touch with the Bergen County Department of Health.

There was discussion on how to reduce costs.

- Harvard Health Newsletter

Dr. Davidson will have the password sent out so that everyone will be able to view this publication on line.

SANITARIAN'S REPORT

Mr. Apa reported on the following:

- Squirrel bite reported
- Andiamo's was inspected and was found to be satisfactory.
- Tom Yum owners were advised that they had to update their Bergen County Food Handlers Course.

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- Natu - Roll was inspected and was given a conditional rating since they had some violations which needed to be resolved.
- Inspections were also made at Allesandro's and BCCD and they were found to be satisfactory.

COUNCIL REPORT

Councilwoman Groh reported on the following.

- The Mayor and Council introduced the budget at their last meeting.
She said that the Board of Health's budget was at the same level and there was an addition of \$100 to pay for Mr. Apa's attendance at health education classes.
- They are trying to provide a dumpster to enable businesses to recycle.
- Research was done on recycling and Councilwoman found that the Borough is now getting more money for their recycling. They are going to encourage businesses to recycle.

TREASURER'S REPORT

Dr. Cohen reported that the Board has not spent any money to date.

HEALTH FAIR

Everyone was reminded that this year, the Health Fair will be held at the beginning of the month - October 5th from 9 to 11 a.m.

This matter was tabled.

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5K RUN

There was discussion about what the Board's role should be at the 5K Run.

A suggestion was to organize something so that the seniors could participate.

Lorraine Sager will be contacted to get some ideas.

BOARD OF HEALTH FALL NEWSLETTER

There was discussion about the articles for the Fall newsletter.

Everyone was asked to bring suggestions for two topics to the next meeting.

SUMMER HEALTH INITIATIVE

Dr. Davidson talked about some suggestions for the Summer Health Initiative, which included:

- Skin cancer screenings at the swim club by Dr. Trokhan
- Healthy foods and healthy cooking classes
- Water safety
- Walk along the reservoir - pedometers could be given out

This was tabled to the April meeting.

ADMINISTRATIVE

Mrs. Wise

Mrs. Wise announced that she would be resigning from the Board effective the end of April 2013 since she was moving.

There was discussion about the people who had expressed an interest in joining the Board. They will be contacted.

It was noted that Dr. Li had said that she wished to continue on as an alternate member but she will be approached again.

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Meeting Date

Since several members would not be available on April 11th, the meeting date was changed to Thursday, April 18th.

Mrs. O'Dowd will contact Mrs. Fay to confirm the availability of the Council Chambers.

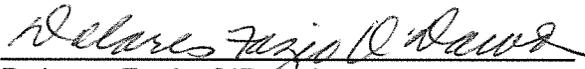
Venue

The Board of Health meetings will continue to meet in the Council Chambers.

There being no further business, Mrs. Posen moved to adjourn.

Seconded by Mrs. Paller and unanimously carried.

Respectfully submitted,


Dolores Fazio O'Dowd