

Virtual Regular meeting of the Haworth Board
of Health on March 9, 2023, via Zoom.

PRESENT: Damien Davis, MD
Gregory Kaufman, MD. Vice President
Karl Bednarek, MD
Jamie Heit, LCSW, Secretary
Brooke Hodes Wertz, MD
Nicholas Montello - Alternate

Lisa Ohamija, Council Liaison
Laura Folco, BCBOH Sanitarian

ABSENT: Nancy Polifroni, RN
Nubar Nakashian- EMT Liaison
William Kaiser - Alternate

Dr. Davis called the meeting to order. Upon roll call, the above Members were present.

It was noted that Mrs. Polifroni and Ms. Heit gave notice that they would not be able to attend.

Due notice of this meeting was given in accordance with the New Jersey Open Public Meetings Act.

ACCEPTANCE OF THE MINUTES

The minutes of the February 2023 minutes were reviewed,

Dr. Davis approved the minutes as presented.

Seconded by Dr. Kaufman and unanimously carried.

CORRESPONDENCE

Mrs. Heit was unable to get the correspondence from the Borough Hall, so there was nothing to review this evening. We will look into a better method of accessing the mail.

There was, however, a copy of correspondence from Ann Fay and sent from the Bergen County Health Department relating to the county's Baby Well Care program. It was reminding the Board that the contract had to be renewed. This will be discussed further.

SANITARIAN'S REPORT

The Sanitarian's report was reviewed.

Going forward, the report will be distributed to Dr. Davis and Mrs. O'Dowd and read into the minutes by the Sanitarian at the meetings.

PRESIDENT'S REPORT

Dr. Davis gave an overview of what he and Dr. Kaufman were doing for the fitness challenge. Their goal is to increase the number of people participating.

FITNESS CHALLENGE

Dr. Davis reported the following on the challenge. They are trying to reach more residents, using social media to announce the schedules of events and share more information.

Dr. Kaufman reported on the following. He said that the challenge started on March 20th and will end on May 1st – a six-week challenge. In addition to events during the week, the other activity is the Sunday morning boot camp. Events during the week will include Cycle Bar and Yoga Six, as well as other events scheduled with various fitness and wellness businesses in the area and weekly events with local Haworth celebrities. All of the information and announcements are being published on the Haworth Board of Health Facebook page as well as Fitness Challenge Instagram. Anyone wishing to participate should contact haworthfit@gmail.com. Emails were sent to all of last year's participants.

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NEW BUSINESS

Dr. Steve Wellish, a cardiologist, was in touch with the Board and would like to discuss AED's on public fields. He will join our Zoom session during the April 20th meeting to discuss his plan.

There being no further business, Dr. Davis moved to adjourn.

Seconded by Dr. Kaufman, and unanimously carried.

Respectfully submitted,



Dolores Fazio O'Dowd