

Regular meeting of the Haworth Board
of Health on April 11, 2019, at the
Municipal Center.

Present: Karen Eigen, M.D., President
Gregory Kaufman, M.D., Treasurer
Jennie Li, M.D., Vice President
Barbara Paller, EMS, Secretary
Nancy Polifroni, R.N.
Gina Tomichko, CRN

Janet Guenego, Council Liaison

Absent: Karl Bednarek, M.D.
Damien Davis, M.D.

Louis Apa, Sanitarian

Dr. Eigen called the meeting to order. Upon roll call, the above members were present. Dr. Bednarek and Mr. Apa gave notice that they would not be able to attend.

Due notice of this meeting was given in accordance with the New Jersey Open Public Meetings Act.

In essence, the following transpired.

ACCEPTANCE OF THE MINUTES

The minutes of the February 2019 meeting were reviewed.

Dr. Li moved to accept the minutes as presented, subject to the rights of absent members to correct statements directly attributed to them.

Seconded by Dr. Kaufman and unanimously carried.

CORRESPONDENCE

There was no mail to review this evening.

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SANITARIAN'S REPORT

Mr. Apa was not in attendance this evening but sent his report for review. He reported on the following.

- Visits were being conducted at the restaurants in town for regular inspections and licensing requirements.
- A resident inquired about raising chickens on her property.

There was a discussion by the Board and it was noted that Mr. Apa will be asked to look into the Ordinances relating to chickens and farm animals.

TICK CONCERNS

A resident, Natalie Sanchez, of 89 Pleasant Street, was in attendance. She stated that she wanted to discuss ticks and deer concerns. Ms. Sanchez talked about the research she had done and referred to a 1998 study. She explained the various ways that the tick population could be reduced and eliminated, e.g., having deer put their heads through foam rollers to get food so that the rollers could kill the ticks on their bodies; also, using chemicals on lawns and gardens, etc.

Dr. Eigen pointed out that rodents carry most of the ticks.

Other methods to help eliminate ticks such as spraying Cedar oil and garlic on lawns and around the properties, was reviewed.

There was a lengthy discussion and then Mrs. Polifroni said she had information had information on ticks from the County, which could be posted. She will also make a few calls to experts and get additional information on this subject.

Dr. Eigen will call the Bergen County Department of Health to ask that they give a talk on these concerns at a venue in Haworth.

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COUNCIL REPORT

Councilwoman Guenego reported on the following:

- She will be working with the Mental Health Coalition;
- The Governing Body is going over the 2019 budget;
- The Haworth Swim Club will be raising membership fees;
- There are plans to have the tennis courts renovated.
- The Downtown Renewal Project is moving forward. The crosswalks are being made safer and fire trucks and ambulances will be able to make turns in that area.
- Baseball and soccer fields are being worked on at this time. I
- The Environmental Commission is looking into adopting bans on the use of plastic in the Borough. They are also looking into suggestions to have more solar panels installed.
- The Mayor and Council recently approved the Affordable Housing Agreement for a portion of the property located at Schaeffer Gardens. It was noted that there will be 41 units at market rate and 9 units for Affordable Housing.

MENTAL HEALTH INITIATIVE

Mrs. Polifroni talked about the Mental Health Initiative in the Borough and how it was progressing. She described the new room built near her office and how it is being used.

There was discussion about a town wide Walk-n-Talk-athon, which Mr. Hughes would like to have in October.

Councilwoman Guenego suggested meeting with a school liaison and have that person meet with a member of the Police Department so that it could be coordinated.

It was suggested that a mental health professional be part of the Board of Health. Some candidates' names were suggested.

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There was discussion.

It was noted that the official name of the group is the Haworth Stigma Free Consortium. A suggestion was made to have this name appear on all programs, signs, etc., relating to public events in the Borough.

FITNESS CHALLENGE

Dr. Eigen reported that there were 110 participants signed up for the 2019 Fitness Challenge. She said she has been sending out weekly letters to everyone with healthy tips on diet, exercise, as well as information on vendors who have offered their complimentary services.

HEALTH REPORTS

Dr. Eigen and Mrs. Polifroni reported on current illnesses in the Borough and community.

Dr. Eigen noted that there has been a decline in influenza.

ADMINISTRATIVE

The next meeting of the Board of Health will be held on May 9th at 8 p.m.

There being no further business, Dr. Li moved to adjourn.

Seconded by Dr. Kaufman and unanimously carried.

Respectfully submitted,



Dolores Fazio O'Dowd