

Regular meeting of Haworth Board of Health on April 18, 2013, at the Municipal Center.

Present: Melissa Davidson, M.D., Co-President  
Denise Hayes, RPh, Co-President  
Karl Bednarek, M.D.  
Jennie Li, M.D.  
Ilise Posen

Lou Apa, Sanitarian  
Mary Anne Groh, Council Liaison

Absent: Barry Cohen, PhD  
Michael Gordon  
Barbara Paller, EMT  
Nancy Wise, R.N.

The meeting was called to order and upon roll call, the above members were present. Mrs. Wise was not able to attend because she was ill and Dr. Cohen was absent because he was traveling.

The Board welcomed Nancy Polifroni, the proposed new member of the Board.

Mrs. Polifroni talked about her background and her interest for wanting to be a member of the Board.

### **APPROVAL OF THE MINUTES**

The minutes of the March minutes were reviewed.

Mrs. Posen moved to accept the minutes as approved.

Seconded by Dr. Bednarek and unanimously carried.

### **SANITARIAN'S REPORT**

Mr. Apa discussed the inspections he had made. He said that he would be inspecting the hut at the pool and the catering facility at the White Beeches Country Club prior to opening day.

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- Mr. Apa said that he didn't know if a bagel store was, in fact, going to open in the downtown area.

### **COUNCIL REPORT**

Councilwoman Groh reported that the budget had been introduced. She reviewed the amounts which the Board budgeted for various projects.

Councilwoman Groh stated that right now, they were undecided as to whether or not there would be a Farmer's Market in the Borough and she explained the reasons. Councilwoman Groh noted that if they do not have one, she is going to suggest to the Mayor and Council that the money allotted for this project be given to the Board of Health to fund their new projects.

There was discussion.

### **CORRESPONDENCE**

In Mrs. Paller's absence, Dr. Davidson reviewed the correspondence.

- Harvard Health Newsletter

Dr. Davidson announced she arranged for this publication to be viewed on line. She will send out the name of the site and password to the Board.

- Letter from the Bergen County Department of Health with information relating to their daycare and pre-school services.

### **NEW BUSINESS**

The Healthy Events Initiatives were discussed. It was agreed that these new events will help the Board to become more involved and in turn, it will become more visible.

An event is being planned to be held at the Swim Club on the day of Splash Party. This has already been discussed with the manager, Mike Innes.

The ideas discussed, included:

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- Name of the event - "Dive Into Health"
- Sun screening protection
- Health food preparation
- Blood pressure screening
- Water safety demonstration
- Summer safety
- Massages
- Presentation on poisonous plants by the Boy Scouts
- Exercise class
- Poster contest by school children to be done at the end of the school year
- 5K team having a table for people 60 years and older to sign up

Additionally, Dr. Bednarek suggested a walking activity, which may include photography in the Fall.

Board members were asked to volunteer to oversee the various activities and the following assignments were taken:

- Mrs. Hayes - skin cancer screening
- Dr. Li - healthy food
- Dr. Cohen - stress management
- Dr. Bednarek - preventing Summer injuries
- Dr. Davidson - water safety
- Dr. Davidson will talk to the Boy Scouts to see if they would do the presentation.
- Mrs. Paller and Mrs. Polifroni - blood pressure screening
- Mrs. Posen will look into getting a Salsa (dancing) instructor

The suggestions and assignments will be solidified at the meeting in May.

### **FALL NEWSLETTER**

The Board was asked to think of one or two articles for the Fall newsletter. Some of the suggestions included:

- Drug disposal
- Know your numbers
- Family emergency preparedness
- Food allergies
- Adolescent bone health
- Exercise adds years to your life
- Adolescent obesity

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- Guardasol
- Dealing with heartburn
- Meningitis vaccine
- Shingles vaccine

They are aiming to have all articles ready by the June meeting.

### **5K RUN**

The Board talked about their role in the 5K Run event.

Lorraine Sager was contacted to discuss senior participation in the 5K Run.

This matter was tabled until the May or June meeting.

### **HEALTH FAIR**

The Health Fair activities were reviewed.

It was noted that the vaccinations will be handled by Haworth Apothecary, and Englewood Hospital and the Ambulance Corps have been contacted regarding their participation.

Mrs. Posen said that she was in contact with the Burn Unit at St. Barnabas Hospital and she is making arrangements for them to make a presentation.

### **PRESCRIPTION DRUG DISPOSAL**

Mrs. Hayes said that she was in contact with the person covering for Nurse Mangieri at the Bergen County Department of Health to try to iron out details for the Prescription Drug Disposal Program. She was told that the Municipal Alliance Team said that there would have to be a locked box in place for the drugs being dropped off.

This matter will be discussed further at the next meeting.

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## ADMINISTRATIVE

### Member Attendance

Mrs. Hayes had a discussion with the Board on their feelings about how to handle the situation when there is a member who does not attend several meetings and doesn't call or acknowledge that that person is not able to be there.

Mr. Apa stated that there should be a procedure in the Board of Health By-Laws. He said that he would look into it.

Councilwoman Groh said that she would also look into this matter.

A suggestion was made for Mrs. Hayes to contact the member to see if there is an interest in continuing to serve on the Board.

### Meeting Dates

The next two meetings will be held on May 9<sup>th</sup> and June 13<sup>th</sup>. Everyone was urged to attend because everything had to be set in place for the summer activities.

### Mrs. Wise

It was noted that Mrs. Wise wasn't able to attend her last meeting because she was ill. She will, however, do her best to stop in at the May meeting.

Mrs. Hayes said that she gave Mrs. Wise the gift which the Board purchased for her.

There being no further business, Mrs. Posen moved to adjourn.

Seconded by Dr. Li and unanimously carried.

Respectfully submitted,

  
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Dolores Fazio O'Dowd